NEWSLETTER

chesterheartsupportgroup.co.uk



Dear members.

On 1st April 2024, the CHSG had a very interesting talk from Eddy Kelly, giving us an insight into life for women prisoners aged 18 and over at Styal Women's Prison in Cheshire. I feel sure we all gained a great deal of knowledge from this talk and the accompanying pictures.

My thanks to Thelma Reynolds for arranging another most interesting talk for us all.

At this meeting, her daughter Amanda promoted a 'Chester Sing-Along' on 27 April 2024. Details of this can be found in the email header for the monthly newsletter download email.

Kindest Regards, **Mary Williams** Vice-Chairman

vicechair@chesterheartsupportgroup.co.uk

Day Trip to Bodnant Gardens & Betws y Coed 30th May 2024

This trip has to be self funding and to date we are short by 3 passengers. We have looked into hiring other coaches but they were all much more expensive.

The cost is £41.00 without a national trust card and £25.00 if you have one.

It would be a shame if this had to be cancelled so please join us for a great day out.

Liz Kevan

01244 535788

Many of you have been asking about our bank balances. Although it seems we have quite a lot of money the trustees are being very careful that this will last for years to come. We have to pay out considerable amounts for the hire of halls and we subsidise the exercise classes. This means that we are losing money each year. It may come that we will have to start fundraising again as the possibility of grants being given is nil. We hope this explains our position more clearly.

Liz Kevan

01244 535788

Membership Subscriptions

£8.00 per member is now due for this year, send all fees to Tony Curtis our membership secretary.

curtisaa@talktalk.net Or

tonycurtis@chesterheartsupportgroup.co.uk



Meeting

The next meeting is our AGM scheduled to take place 6th May 7.00pm Columbas House, Plas Newton Ln, Chester CH2 1SA

Welfare

We have no news of anyone not well but if you hear of anyone please let Lorna Andrews know so she can at send a card.

50/100 ClubTo start the new session on 3rd June 2024, we need a minimum of 25 members to sign up & pay £24 for the 10 monthly draws of £30...£20...& £10. Will keep you posted.

Financials

Income: £678.00 Expenditure: £883.58 Deficit: -£205.58



35th Birthday celebration May 11th 2.00 – 4.00pm St Columba's Church Hall

This event will be subsidised but should be lovely to see you all for this wonderful achievement. There will be entertainment followed by a buffet afternoon tea. The cost is £5.00 per head, this includes a raffle ticket.

Liz Kevan

01244 535788

AGM 6th May 7.00 pm Our next monthly meeting is our AGM, it is im-

portant for members to attend

As this is laid down by the Charity Commission. If you feel you would like to become a trustee please let any of the trustees know.

Look forward to seeing you there.

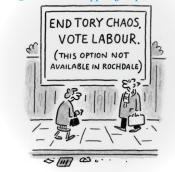
Speaker June 5th

Carol Codd - Confessions of a Registrar

Cartoons this Month

A little humour goes a long way!

editor@chesterheartsupportgroup.co.uk



Editorial

For Newsletter enquiries, please contact

Editor: editor@chesterheartsupportgroup.co.uk

Walkers Programme

Apr 10 to May 8 2024 Inclusive

Contact details: Irene (Home): 0151 356 1485 John (Mobile): 07887 688871

10th April - Birkenhead Park. Meet at Hooton Station for 09.59 train to Birkenhead Park (arrives 10.34. Change at Hamilton Square). Lunch at the Visitor Centre CH41 8AU inside the park.

NOTE: Change of date from that on March Newsletter/previous sheet.

Leaders: Irene Roxburgh & John Bowyer. Mobile: 07887 688871

17th April - Rivacre Country Park, for the bluebells? Park in the car park, CH66 1SS. If using the M53 exit at junction 7 and turn left onto B5132, straight across mini-roundabout then take 1st right signed Country Park, then 3rd right into car park. If using the A41 go through Little Sutton, at 2nd set of traffic lights turn right (Hollywood Car Sales on right) then straight down to roundabout, turn left then 3rd left signed Country Park.

Lunch at The Burleydam pub, New Chester Road, Little Sutton. CH66 1QW.

NOTE: Change of date from that on March Newsletter/previous sheet.

Leaders: Irene & Vic. Irene's mob: 07759 765868

24th April – Chester Meadows. Meet at Chester Bus Interchange at 10.30am. Lunch at The Boathouse in The Groves.

Leaders: John & Irene. Mobile: 07887 688871.

1St May – Seacombe to New Brighton. Meet at Hooton station in time for the 0959 train to Liverpool James Street. Arrives 1024. Buy Merseyrail All-Zones Saveaway ticket with Walrus card to include ferry to Seacombe. (Departs Gerry Marsden terminal at 11am.) Lunch at Seaside Café in New Brighton, CH45 2JS. DON'T FORGET YOUR WALRUS CARD. Leader: Vic Biggins 07896 888021.

8th May - Hawarden. Turn into Wrexham Road (A550) from the T Junction at Gladstone Monument and enter car park 50 yards on left. Lunch at either: The Glynne Arms in Hawarden, CH5 3NS, or The Running Hare, St. David's Park, Ewloe, CH5 3DT.

Leader: Dai Davies or Brian Houston, Mob: 07910 121991.

TRUSTEE MEMBERS

Chair: Liz Kevan 01244 535788

Vice Chairman: Mary Williams

01244 675515

Business Secretary: Barrie Jones

07925 450931

Treasurer: Sandra Magilton

01244 677373

Trustee + Minutes Secretary: Chris Lloyd

0151 342 7994

Trustee: Dorothy Curtis

01244 300699

Trustee: Jane Chesby

01244 637587

Trustee: Alan Miller

0151 339 3227

Membership Secretary: Tony Curtis

01244 300699 - curtisaa@talktalk.net or membership@chesterheartsupportgroup.co.uk

Trustee meeting: Upton Village Hall - 20th May 2024

Non Trustee Posts

Speaker's Secretary:

Thelma Reynolds 01829 741646

Walkers' Secretary

Irene Roxburgh

walkers@chester heart support group. co.uk

 $0151\ 356\ 1485$

Coordinator of Welfare & Welfare Leader

Lorna Andrewes 01244 851658 07443 450132

Cards & letters to:

Dorothy Jones 01244 951138 41 Queens Park House, Queens Park View,

Handbridge, CH4 7DB

Welfare duties also carried out by:

Newton area:

Pat Priest 01244 343758

Upton area:

Lyn Mercer

01244 399767

Saughall area:

Valerie Crawford 01244 880510

South Cheshire:

Tilly Brickland 01244 660770

Farndon area:

Vacant

Ellesmere Port area:

Vacant

PROGRAM OF ACTIVITIES

MONDAY

Golf - Various venues, mornings. Paul Holland **01948 770429**



Exercise Class - Whitby Sport & Social Club

10.15-11.15 am

Chris Lloyd **0151 342 7994**

Low Impact Exercise Class - Whitby

Sports & Social Club 11.30 - 12.30 pm

Chris Lloyd 0151 342 7994



TUESDAY

Exercise Class - Upton Village Hall

10.00 to 11.00 am

Chris Lloyd **0151 342 7994**



WEDNESDAY

Walking Group - Up to 4 miles, various venues 10.00 am. Irene Roxburgh

walkers@chester heart support group.co.uk

0151 356 1485

Tai Chi - Whitby Sports & Social Club 12.00 - 1.00 pm

Kevin Callaghan **01244 340767**

THURSDAY

Golf - Various venues, morning Paul Holland **01948 770429**



